

coop deals

MAY 22 - JUN 4, 2024

grilling essentials

GREAT FOR GATHERINGS

What's better than firing up the grill and heading outside with delicious food from the co-op? Find Applegate Naturals' Grass-fed Beef Hot Dogs on sale at the co-op. They're the perfect addition to any outdoor gathering.



4.99

Applegate
Natural Uncured
Beef Hot Dogs
10 oz.



2/\$6

The Good Crisp
Company
Potato Crisps
5.6 oz., selected varieties



4.49

Goodpop
Frozen Novelties
9-14 fl. oz., selected
varieties



2/\$10

Waterloo
Sparkling Water
12-12 fl. oz. cans, selected
varieties



Enjoy summer at the co-op.

Time for outdoor gatherings!



3.99

Silk
Almondmilk
64 fl. oz., selected varieties

rich, creamy and undderly delicious

Our Brown Cow Yogurt is Non-GMO Project Verified, with live and active cultures. Make today delicious with the original cream top yogurt.



4.29

Upton's Naturals
Seitan
8 oz., selected varieties

3.79

Brown Cow
Cream Top Yogurt
32 oz., selected varieties



4.29

Harmless Harvest
Organic Coconut
Water
16 fl. oz., selected varieties



crafted with less

All of our skyr and plant-based, dairy-free products are made with simple ingredients and no artificial anything. Deliciously satisfying, siggi's makes the perfect breakfast or snack option. Less sets you free.™

1.89

Siggi's
Plant-based Yogurt
5.3 oz., selected varieties



5.99

Bizzy
Organic Cold
Brew Coffee
48 fl. oz., selected varieties



6.49

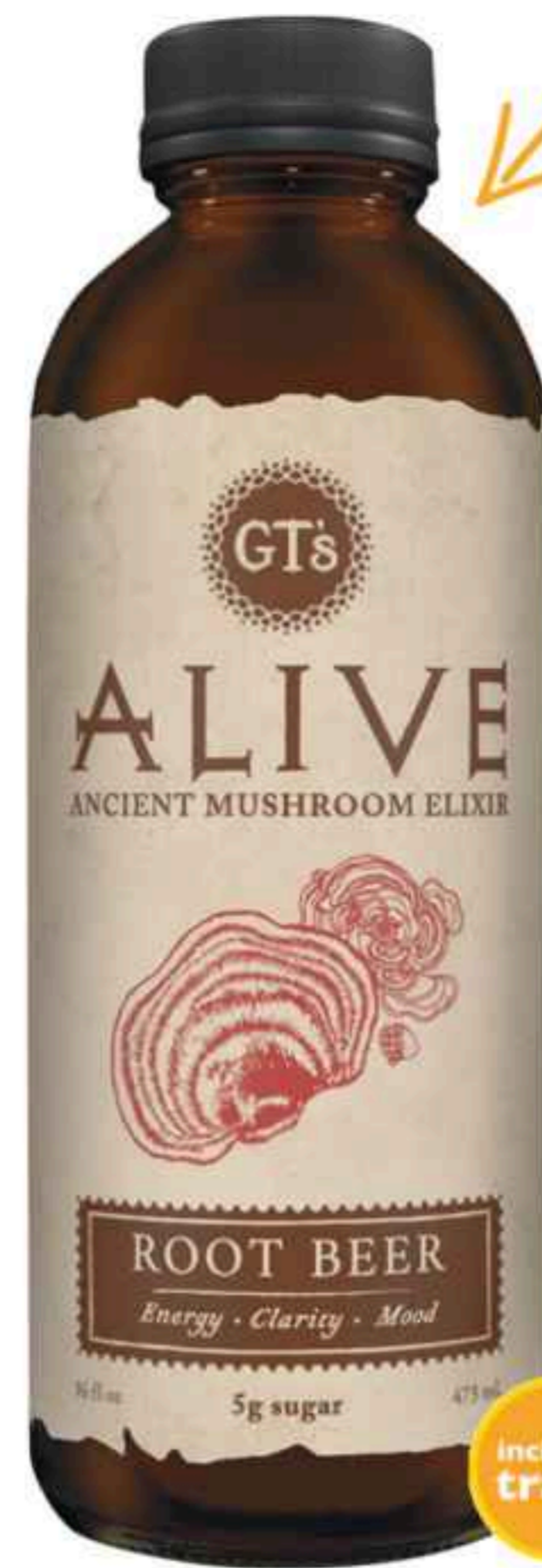
Miyoko's
Creamery
Organic Plant
Milk Mozzarella
8 oz.

The co-op helps you eat well all day.



3/\$4

Fage
Greek Yogurt
5.3 oz., selected varieties



feel-good soda

INCLUSIVE TRADE PARTNER

GT's Living Foods is a family- and LGBTQIA+-owned business. Crafted in nostalgic flavors, ALIVE revives your body and sharpens your mind with pure ingredients. Enjoy natural energy, mental clarity and a balanced mood.

2.79

GT's
Ancient Mushroom Elixir
16 fl. oz., selected varieties



6.79

Wildbrine
Organic Red Beet and Cabbage Kraut
18 oz., selected varieties



grass-fed goodness

COOPERATIVELY OWNED

Delicious milk from cows that eat organic grasses and plants, but no grain. This milk is unique and creamy with naturally occurring omega-3s. Enjoy the goodness of grass in every glass!

5.49

Organic Valley
Grassmilk
64 fl. oz., selected varieties



COOPERATIVELY OWNED



4.99

Organic Valley
Block Cheese
8 oz., selected varieties

Find your favorite brands at the co-op.



5.49

**Grillo's
Dill Pickles**
32 fl. oz., selected
varieties

pasture raised and grazed

Organic, grass-fed cheese from small family farms in coastal Northern California. American Humane Certified means our cows are pasture raised and grazed!



4.79

**Rumiano
Organic Block Cheese**
8 oz., selected varieties



Enjoy delicious flavors from the co-op.
Yummy meals start here.

indulgence done right

Delicious, coconut milk-based treats and grass-fed dairy ice cream for dessert fans committed to self-love and the planet. We believe that ingredients straight from Mother Earth help us appreciate the blissful pleasure our natural world brings us.



5.49

**Cosmic Bliss
Organic Frozen
Dessert**
14 fl. oz., selected varieties



6.99

**Beyond Meat
Plant-based
Sausages**
14 oz., selected
varieties



6.99

**Bubbies
Sauerkraut**
25 fl. oz.

There's something for everyone at the co-op.



4.49

Gardein
Plant-based Proteins
8-13.7 oz., selected varieties

invite all your friends

Sharing what's real is important to us. Which is why we make something for everyone! Alden's Organic is true-to-flavor organic ice cream that everyone can enjoy.



8.99

Alden's Organic
Ice Cream
1.5 qts, selected varieties



2/\$6

Amy's
Burritos
5.5-6 oz., selected varieties



3.99

Silver Hills
Sprouted Bread
21 oz., selected varieties



4.79

Alexia
Frozen Potatoes
15-19 oz., selected varieties

for real indulgent moments

Real flavor from real ingredients. No artificial flavors, sweeteners or colors. Gelato and sorbetto made from scratch.



4.99

Talenti
Gelato or Sorbetto
1 pt, selected varieties



4.99

Little Northern
Bakehouse
Gluten-free Bread,
Bagels, or Buns
11.3-17 oz., selected varieties



6.99

Daiya
Pizza
13.47-19.4 oz., selected varieties

The co-op makes dinner and dessert easy.

elevate your summer meals

Take your barbeque to a new level with **Woodstock's** Organic Condiments and Pickles! Tangy ketchup, crunchy dill pickles, creamy mayo and zesty mustard all made with premium quality and taste!



2.99
Woodstock Organic Mustard
8 oz., selected varieties



3.29
Woodstock Organic Ketchup
20 oz.



4.29
Woodstock Organic Mayonnaise
16 fl. oz.



5.49
Woodstock Organic Pickles
24 oz., selected varieties



5.99
Sir Kensington's Mayonnaise
12 fl. oz., selected varieties



23.99
Spectrum Organic Extra Virgin Mediterranean Olive Oil
33.8 fl. oz.



2/\$7
Maya Kaimal Organic Everyday Dal Entrees
10 oz., selected varieties



2/\$7
Heyday Canning Co. Beans
15 oz., selected varieties



2/\$7
Tinkyada Gluten-free Brown Rice Pasta
16 oz., selected varieties



2/\$7
Briannas Dressing or Vinaigrette
12 fl. oz., selected varieties

All your picnic fixings are at the co-op.

nutritious and delicious

Snacking is made easy with KIND. These gluten-free snacks are convenient for any occasion; made with ingredients you can see and pronounce.

3.99

Kind
Healthy Grains Bars
5pk.-1.2 oz., selected varieties



INCLUSIVE TRADE PARTNER

World Centric is a diverse-owned company. Our business operations address sustainability in our products, philanthropy and practices.



2.79

World Centric
Compostable 9" Plates
20 ct.



always leave Earth better



Our path: a sustainable future for all. For life, you rely on clean air, water and healthy soil for good food. So, we thank you for eating like our Earth depends on it, because it does!

2/\$9

Nature's Path Organic
Cereal
9-14 oz., selected varieties



2/\$6

Good Karma
Unsweetened
Flaxmilk
32 fl. oz., selected varieties

scoop up the savings in bulk!



2.49

Organic
Tri-color Quinoa
per pound in bulk



2.79

Organic
Green Lentils
per pound in bulk



3.79

Walnut Halves & Pieces
per pound in bulk

The co-op has options for on-the-go activities.



4/\$5

**Bob's Red Mill
Oats Bars**
1.76 oz., selected varieties



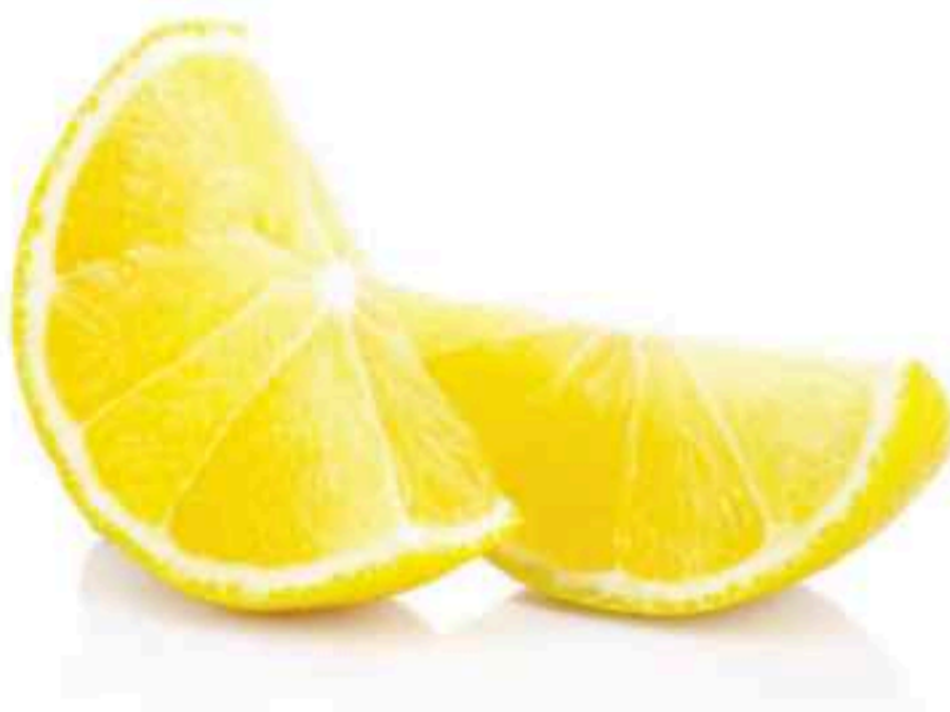
3.99

**Earth's Best
PB&J Bites**
3 oz., selected varieties



4.99

**Newman's Own
Sandwich Cookies**
13 oz., selected varieties



2.29

**Vita Coco
Coconut Water**
16.9 fl. oz., selected varieties



4/\$6

**Larabar
Fruit & Nut Bars**
1.6-1.7 oz., selected varieties



2/\$5

**R.W. Knudsen
Recharge**
32 fl. oz.,
selected varieties



2/\$5

**R.W. Knudsen
Organic Recharge**
32 fl. oz.,
selected varieties



2/\$5

**Santa Cruz Organic
Lemonade or Limeade**
32 fl. oz.,
selected varieties

*refreshingly organic,
naturally delicious*

Stock up on refreshingly delicious organic beverages from **Santa Cruz Organic** and **R.W. Knudsen**. From sweetly tart Santa Cruz Organic Lemonade to Recharge sports drink clean hydration, there's something for everyone!

Delicious drinks and snacks are at the co-op.



2.79

**Boulder Canyon
Potato Chips**
5-6.5 oz., selected varieties



2/\$6

**LesserEvil
Organic Popcorn**
4.6-7 oz., selected varieties

INCLUSIVE TRADE PARTNER

Chomps is a diverse-owned company. We make on-the-go protein snacks from sustainably sourced proteins.

2/\$4

**Chomps
Meat Sticks**
1.15 oz., selected varieties



2/\$6

**Theo
Organic
Chocolate Bars**
3 oz., selected varieties



4.49

**Green Mountain
Gringo
Salsa**
16 oz., selected varieties



2/\$9

**Mary's Gone
Crackers
Organic Crackers**
5-6.5 oz., selected varieties



4.49

**Garden of Eatin'
Tortilla Chips**
16 oz., selected varieties



2/\$7

**Taza
Organic
Chocolate Bars**
2.5 oz., selected varieties



2/\$8

**Q Mixers
Drink Mixers**
4 pk.-7.5 fl. oz. cans,
selected varieties



2/\$7

**Tcho
Organic
Chocolate Bars**
2.5 oz., selected varieties

Discover something new at the co-op.



5.49
 Better Life
 Toilet Bowl Cleaner
 24 fl. oz.



5.99
 Andalou Naturals
 Shampoo or Conditioner
 11.5 fl. oz., selected varieties



16.99
 Simply Tera's
 Pure Whey Protein Powder
 12 oz., selected varieties



8.99
 Pranarom
 Organic Lavender
 Essential Oil
 .17 fl. oz.



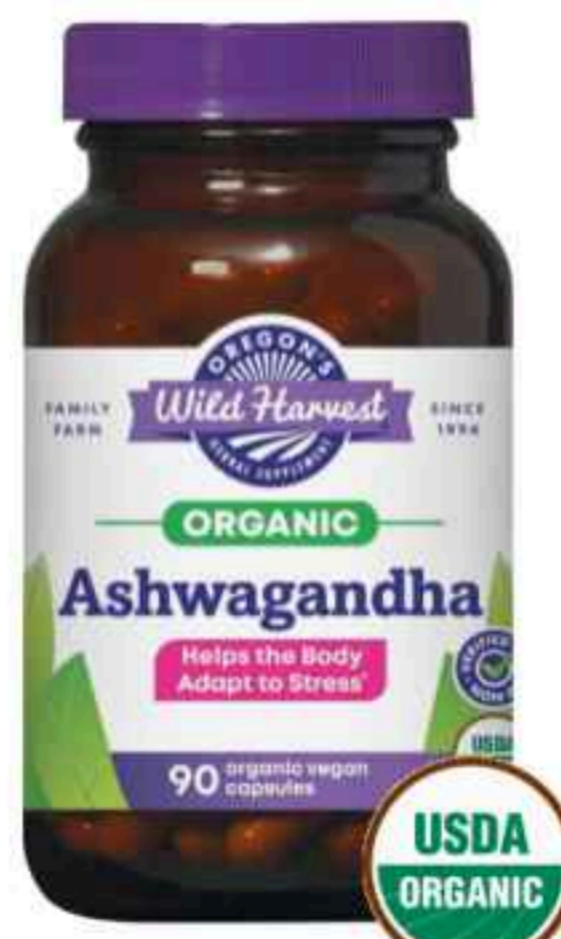
9.49
 Bach
 Rescue Remedy
 Pastilles
 35 ct., selected varieties



17.99
 Om
 Organic Mushroom
 Powder
 3.17-3.5 oz., selected varieties

rooted in Oregon

As a family farm and herbal supplement manufacturer since 1994, **Oregon's Wild Harvest** supports regenerative practices that heal the land and water and sequester carbon to ensure pure, potent herbal medicine is available today and for future generations.



15.99
 Oregon's
 Wild Harvest
 Organic
 Ashwagandha
 90 ct.



16.99
 Oregon's
 Wild Harvest
 Organic
 Saw Palmetto
 90 ct.



19.99
 Oregon's
 Wild Harvest
 Organic
 Turmeric
 60 ct.



19.99
 Oregon's
 Wild Harvest
 Organic
 Milk Thistle
 90 ct.

Find your wellness supplements at the co-op.



7.49

Alba Botanica Sunscreen
3 fl. oz., selected varieties



7.49

Alba Botanica Sunscreen
3 fl. oz., selected varieties



7.99

Alba Botanica Fragrance-free Sheer Mineral Sunscreen SPF30
3 fl. oz.



9.99

Alba Botanica Sunscreen Spray
5 fl. oz., selected varieties

clean, natural sun care

Alba Botanica provides broad spectrum sun protection while being cruelty-free, plant based, gluten free and biodegradable.



Find Inclusive Trade brands at the co-op.
Diversity is strength.

INCLUSIVE TRADE PARTNER

South of France is a women-owned company. We still kettle cook small batches of our soap using a traditional Marseille recipe.



2/\$6

South of France Liquid Hand Wash
8 fl. oz., selected varieties

INCLUSIVE TRADE PARTNER

RADIUS is a woman-owned company. We use recycled materials, and we create sustainable toothpastes, flosses and more.



3.29

Radius Sponge Floss
55 yd., selected varieties



7.49

Heritage Store Rosewater Facial Mist
8 fl. oz.

The co-op has your favorite body care brands.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market
- Keweenaw Co-op Market & Deli

- Marquette Food Co-op
- Oryana Community Co-op
- People's Food Co-op – Ann Arbor
- PFC Natural Grocery & Deli
- Ypsilanti Food Co-op

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Linden Hills Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-op
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

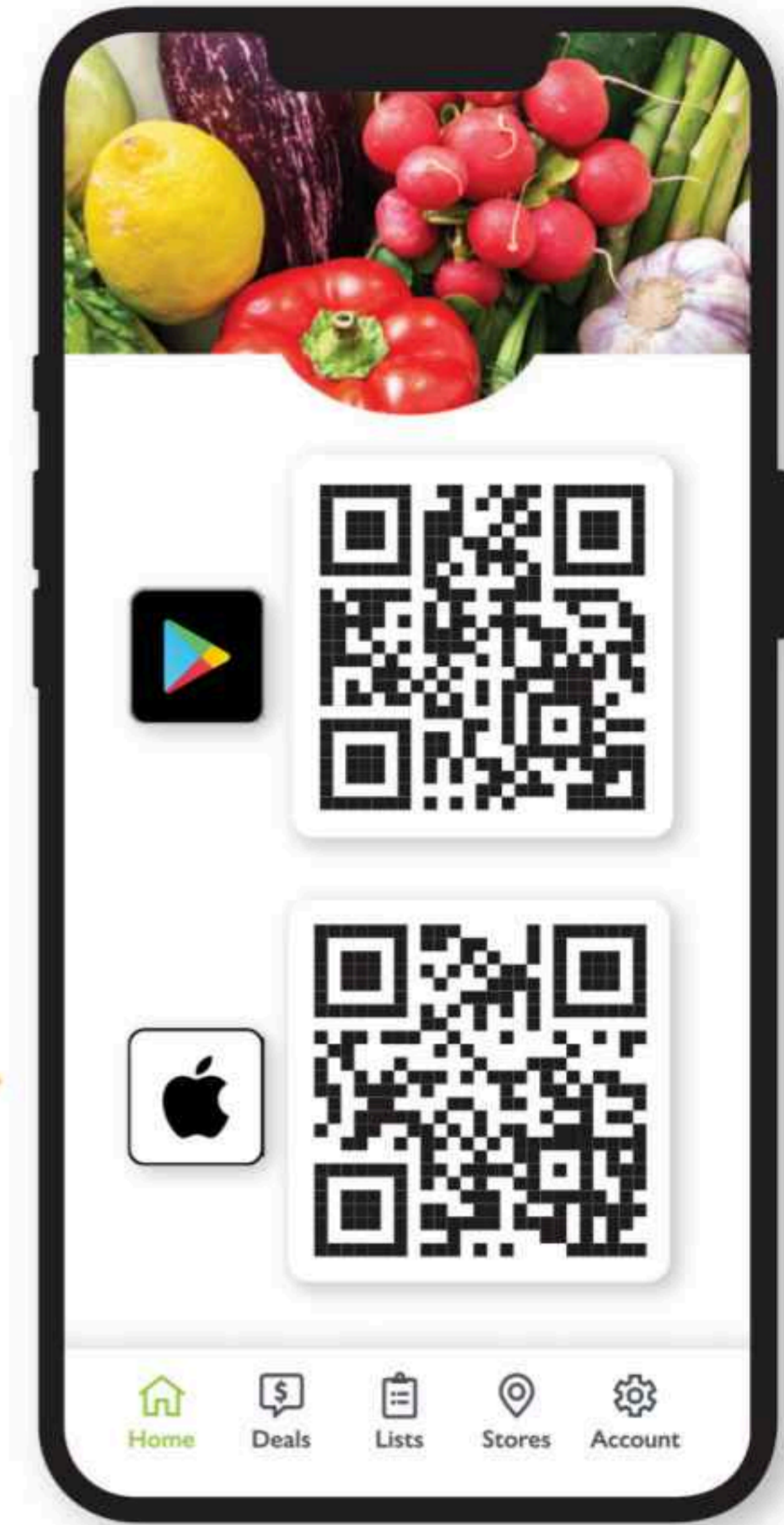
WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals.

Download the App!



3.79
Late July
Organic Tortilla Chips
7.4-10.1 oz., selected varieties



4/\$9
Wild Planet
Sardines
4.4 oz., selected varieties



2.29
The Mountain Valley
Spring Water
33.8 fl. oz., selected varieties



2/\$7
Stacy's
Pita Chips
6.75-7.33 oz., selected varieties



4.49
Justin's
Peanut Butter
16 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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